

Registration:

If you would like to make this retreat in everyday life, please contact and register BEFORE the first meeting.:

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When does the retreat start ?

on Thursday 13th September 2018 at 7 pm
in the Gesprächsinsel (1010 Vienna, Freyung 6a)

Retreat team:

Mag. Angela Simek-Hall, M.A.

Sr. Hermi Dangl SSPS

Sr. Regina Fučík SSM

Sr. Paula Wuschitz MC

P. Franz Pilz SVD



This retreat can be made in both English and German.

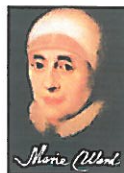
Costs:

We would ask for an appropriate donation to be made.



Angela Simek-Hall is a companion in the
Congregatio Jesu.

Congregatio Jesu - Mitteleuropäischer Provinz
Planegger Straße 4 – D- 81241 München
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Inviting Jesus home



a retreat in everyday life

September 2018 to Whitsun 2019

What is a retreat ?

A retreat is a time when we deliberately take time:

- to listen to God
- to experience God more in our lives
- to seek God more through scripture and prayer
- to become more aware of ourselves in a loving relationship with God
- to look back on our own personal history with God
- to look forward to what God may be calling us to

What does a retreat in everyday life involve ?

It means:

- going about your daily life as usual - but also
- praying with a Bible passage for 30 minutes every day
- regular meetings (7 – 10 days) with a retreat companion at a place and time to be decided by you both
- 4 group meetings for sharing and prayer (13th September – October - January – May) in the Gesprächsinsel (1010 Wien, Freyung 6a)

What does a retreat companion do ?

A retreat companion accompanies you on your way, helping you to discern how God is calling you. It is encouraging to have a companion who is experienced both in giving and making retreats. However, the retreat is made between you and God and nothing may come between this relationship.

Finding God in all things

No matter where we are, and what is happening, God is there, loving us and leading us. All we are called to do is to seek and find God's presence in our daily lives. Simple, but not always easy. Making a retreat helps us in our looking and our finding.

The retreat we are making is based on the "Spiritual Exercises" of Ignatius of Loyola (1491-1556). It is a specially prepared form written with the busyness and ordinariness of our every day lives very much in mind.

It tries to help people to come closer to God, and thus to reach an inner freedom so that they will be able to respond more freely to the personal call of Christ and so help to build the Kingdom of God. Centred on prayer, it leads retreatants back into daily life, better able to discern their inner desires and to see how God is indeed at work in their lives and in the world about them.

Retreats are for anybody, for Christians from any tradition and any background. There is no one method of Ignatian prayer. A readiness to pray with scripture is important, but there is opportunity for stillness too. Ignatius did not wish to force people into a spiritual straitjacket. The retreat may be seen as "a school for prayer", "a school for discernment" and "a school for loving action". It shows a way of personal spiritual growth which is still of great relevance for men and women today and as such, they are for all Christians desiring to love and serve God.

"There are very few people
who realise what God would make of them
if they abandoned themselves into his hands
and let themselves
be formed by his grace."

Ignatius of Loyola